

FISH OIL  
**OMEGA 3**

30 capsules x 1000 mg

food supplement

**Purpose:** Beneficial to maintaining the normal functioning of the cardiovascular system.  
Beneficial to protecting the vision and to the mental faculties.

**Dosage:** One, two capsules daily, during or immediately after a meal.

**To the attention of the consumer:**

Do not use as a substitute for a varied diet.

Do not exceed the recommended daily amount.

Do not take during pregnancy and lactation.

**Ingredients:**

<b>Ingredients:</b>	<b>Minimum daily dose 1 capsule</b>	<b>Recommended daily dose 2 capsules</b>	<b>% RDA* 2 capsules</b>
Calories	10	20	1%
Calories from fat	10	20	1%
Total fats-fish oil	1g	2 g	2,86%
Saturated fats	0 g	0g	0%
Unsaturated fats	1 g	2g	-
<b>NATURE MIXED TOCOPHEROLS</b>	0.5 mg/g	1.0 mg/g	8.3 %
<b>Omega-3 acid (total)</b>	370 mg	740mg	-
Eicosapentaenoic acid (EPA)	180 mg	360mg	-
Docosahexaenoic acid (DHA)	120 mg	240mg	-

**Additional ingredients:** gelatin (capsule)

\*RDA - Recommended daily amount based on intake of 2000 calories

**Storage:** In its original package, in a dry and dark place at a temperature below 28 °C,  
out of the reach of children.

**Package:** 3 blisters, 10 capsules per blister

**Producer: Medeko Commerce LTD**

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Net Weight: 42 g

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